# The Song School

# August 6-10, 2023 • Lyons, CO Schedule and Course Descriptions

## Sunday, August 6th

#### TO DO LIST:

- Sign up for the open stage lottery. All schedules will be posted during lunchtime on Monday in the Blue Heron Tent. (Registration Tent)
- Check master roster information at the registration desk for accuracy.

## 9:30 Campground Line Up Lottery at the Farm

## 1:00 Campgrounds Opens

## 3:00 - 5:00 Student Registration

Visit us at the Blue Heron Tent and pick up your Song School schedule, wristband, Song School laminate, reusable and other goodies.

#### 5:30 - 6:00 New Student Meet and Greet - Wildflower Pavilion

First timer? Meet up with staff and Song School veterans, perhaps an instructor or two, ask that burning question and get some sage advice on how to make your week enjoyable.

## Monday, August 7<sup>th</sup>

#### TO DO LIST:

- Sign up by 9:15am for the open stage lottery. All schedules will be posted during lunchtime today in the Blue Heron Tent.
- Check master roster information at the registration desk for accuracy.
- Mentoring sheets will go out at 9am each morning for that day's mentoring sessions.

## 7:30 - 8:30 Qi Gong

Qi Gong is a 4,000 year old practice that cultivates energy and vitality. Practice gentle movements with Carli Zug that strengthen the body, increase flexibility and relieve stress. No experience necessary. (Trout Tent)

"Eighty percent of life is just showing up." - Woody Allen

## 8:00 - 9:15 Student Registration

Visit us at the Blue Heron Tent and pick up your Song School schedule, wristband, Song School laminate, reusable and other goodies. Help yourself to tea or coffee and fruit and muffins next door at the beverage area. Burritos and snacks are available for purchase at the Bloomberries Booth next to the bathhouse.

## 8:00 - 8:45 Yoga

Yogi Heather Hottovy will help celebrate the start of your day with a gentle yoga routine each morning. No prior experience necessary. Complimentary mats and blocks provided. (Meet by silo)

#### 9:15 - 9:45 Orientation

Official welcoming: we'll cover logistics, put the program in perspective, introduce instructors, and get you prepared for the week. Please be there... (Wildflower Pavilion)

## 9:45 - 10:15 Opening Session: The Song School Community Gathering

"Walking thru the door is the only audition." During our opening session, Rebecca Folsom and Robert Johnson will lead us all in song and movement and have us resonating in time and in tune for the week ahead. (Wildflower Pavilion)

#### 10:30 - 12:30 Electives

- me the best advice I've ever heard regarding songwriting. He told me to get up every morning and write a song, complete it, and put it in a file folder and not look at it for 6 months. Not a good song or a long song necessarily, just a song. Two years and several hundred songs later, I realized that I had not only learned a lot about the craft of songwriting, but a great deal about how to generate ideas and images and carry them through, how to dance around writer's block and how to fool myself into approaching my writing in a fresh way each day. If you want to write songs on a regular basis, you need a reliable technique that you can use whenever you sit down to write. You'll be writing a song during this workshop and gathering the tools you'll need to write on a daily basis. This is a 4-day workshop and you should participate in all the sessions to get your song finished. (Wildflower Pavilion)
- 2) Song Session with Pat Pattison and Bonnie Hayes These sessions take an in-depth look at participant's songs, finding teachable moments to benefit not only the writer but observers as well. We'll identify strengths in each song and look at what could be even better. This session is open to as many people as wish to attend. We'll probably get to 3 or 4 songs each morning, showing you tools to move the songs further ahead. We prefer that people play live so we can more easily suggest different approaches, especially when it comes to melody and phrasing. This class is offered on Monday, Tuesday and Wednesday and it's fine to attend one or more sessions. Bring several lyric sheets. (Mountain Lion Tent).

and central to changing ideas and times, particularly today. However, maybe you have a song that focuses on an individual, or an animal, or, hell, even a cup or spoon or a portrait as your protagonist, that illuminates some idea or ideal. Do you have that song to move people and touch or change hearts while avoiding placard-y platitudes, or billboard-lists-style poetry that tells the listener what they already know? Bring your "little movies" to play, discuss, and review. Presented by Vance Gilbert. (Festival Main Stage)

- Capo Envy: Obsessive Capo Disorder Have you seen artists using partial or 4) multiple capos and wondered "What on earth are they doing!?" Chances are you've been stricken by capo envy. This workshop with Justin Roth will demonstrate the simple keys to understanding why and how partial capos can enhance your guitar sound and elaborate your sonic palate without complicating your guitar parts. It's easier than it looks! Most times, using partial capos actually make your songs easier to play, but they will sound like you're playing richer and more compelling chords. You will learn a simple way to use single or multiple capos to enhance your guitar sound and apply it to songs you've already written or songs to come using chords you already know in standard tuning. Kyser "Drop-D" (5 string) and "Shortcut" (3 string) capos will be provided for use during the workshop and are available for purchase from Justin. Some guitar experience is necessary, but this workshop is open to beginners as well as seasoned players. Come find out just how easy it is and take a leap forward with your sound. Justin is a Kyser Capo sponsored artist and instructor. (Trout Tent)
- 5) Build a Wholehearted Creative Life This workshop is designed to inspire, encourage, and provide you with insight into how you can create a balanced life that includes your musical aspirations but isn't limited by them. In this workshop, we will help you to identify what makes you feel alive and whole, as well as what your music gives to others. This workshop is for everyone, regardless of whether you make a living making music (or hope to) or you just live for the love of songs and songwriting! Presented by Terri and Ellis Delaney. (Lizard Tent)
- 6) Basic Guitar Skills This workshop with Arthur Lee Land covers guitar basics that will help you deliver your songs with more variety and punch. Topics covered: various picking and right hand strumming/muting techniques, anti-spider finger technique to learn new chords faster making it easier to move between chord changes, and basic techniques for using capos for alternate chord forms and inversions. We will also touch on ideas to help embellish your songs by adding tasty guitar fills using basic hammer-on/pull-off techniques in common guitar keys. (Eagle Tent backstage)

7) Any Way, Shape or Form - In this class with Jayme Stone, we'll explore alternative song forms beyond the verse, chorus and bridge format. We'll look at structures used by Randy Newman, Taylor Swift, Samia, Anaïs Mitchell and more to inspire a fresh refrain, post-chorus or coda of your next song. (Spider Tent)

- 8) Next Level Voice Class Join Ron Browning for a fun and engaging class on how to find your best voice and performance. Discover your unique sound through conversation—after all, your singing voice is your speaking voice! Use simple tricks of casual conversation to make your singing have a more intimate and honest delivery. Learn the do's and don'ts of lyric interpretation. Learn about the projection power found in a baby's cry and learn how to use it in singing for a more soulful expression, or to have more vocal power. Add "cry mode" to your vocal techniques and walk away from all vocal faults and your fear of high notes. And, of course, this will allow you to walk away from vocal fatigue once and for all. Both vocal and performance techniques will be taken into consideration for the more advanced singers. Come with questions. Guitars and recorded tracks are welcome—or sing a cappella! (Bear Tent)
- 9) Intro To Home Recording In this introductory recording workshop, LA-based producer/engineer Ryan Benyo will guide students through the various aspects of setting up and utilizing a home recording studio. Discussions will include recording software/hardware, microphones, home acoustics, speakers/headphones, & MIDI keyboards. Basic recording techniques will also be demonstrated including acoustic mic techniques, digital recording/editing workflow, signal flow and troubleshooting. This workshop is perfect for beginning students with no prior recording experience or equipment set-up, as well as those who wish to better understand the tools they already have at their disposal. (Coyote Tent)

"You know, sometimes all you need is twenty seconds of insane courage. Just literally twenty seconds of just embarrassing bravery. And I promise you, something great will come out of it."

— Benjamin Mee

10) So You Want To Write A Musical – Steve Seskin has never met a songwriter who didn't at least think about it. In recent years with the success of Waitress by Sara Bareillies and Hadestown by Anais Mitchell not to mention Hamilton by Lin - Manuel Miranda there are a growing number of songwriters from all genres taking a look at putting their heart and soul into this art form. Steve is in the middle of writing a musical called "Things" with my friend Kate Schutt. It's a challenging task but one that he finds quite exhilarating. The big difference between writing one off songs and songs for a musical is how the songs go together, telling a story interspersed with dialogue. He will talk about some of the things to consider such as the arc of your story, how to tell if you have a great story, musical theater songwriting compared to other genres, and what kind of songs you will need to create tension and release in your narrative. Recently he took a class online with Benj Pasek & Justin Paul who wrote "Dear Evan Hanson" and "La La Land" and is eager to share with you everything he's learned that he's applying as he creates his first musical. (Hummingbird Tent)

**11) Mentoring:** Rebecca Folsom (Turtle Tent)

#### 12:30 - 1:30 Lunch Break

TO DO: Confirm open stage performance times posted in Blue Heron Tent.

## 1:30 - 4:00 Creative Songwriting Groups and More: Session 1

The first of four daily longer songwriting and elective sessions. See all instructor descriptions below. Each instructor will meet at the following location:

#### **MEETING PLACES**

- o Phoebe Hunt Bear Tent
- o Siri Undlin Trout Tent
- o Caitlin Canty Spider Tent
- Ellis Delanev Lizard Tent
- Rebecca Folsom Eagle (backstage)
- o Mary Gauthier Mountain Lion Tent
- Bonnie Haves Festival Main Stage
- o Paul Reisler Wildflower Pavilion
- o Pat Pattison Blue Heron Tent
- o Steve Seskin Hummingbird Tent †

Phoebe Hunt will offer: The Transformational Power Of Songwriting - Discovering your hero (and heroine's) journey. Based on the work of Joseph Campbell and Maureen Murdock, we will explore the template of the Hero's Journey (and Heroine's Journey) as vehicles to bring a song to life through pulling out the transformational moments of a story. This allows the song to live dimensionally, adding depth and purpose as it evolves, revealing new layers of meaning as it unfolds. This also allows the writer the opportunity to tap into the inner purpose beneath the song and peel back layers that may have previously been dormant. (Bear Tent)

- Siri Undlin will offer: No Rules Songwriting A relaxed exploration of creative songwriting. Students can expect a variety of provocative and quirky writing prompts, collaborative projects, and exercises to take home and incorporate into everyday life. Especially geared towards folks with a love of lyrics and melody or wanting to strengthen that skill. (Trout Tent)
- Caitlin Canty will offer: Songwriting From Seed to Flower Caitlin will draw from her own experience as a solo singer-songwriter, bandmate, co-writer, and constant collaborator. We will focus on distilling your own voice as an artist and putting more tools in your own songwriter toolkit. Each day will start with a brief pen to page free write. Each day we will dig deeply into an existing song and its workings. This course will emphasize co-writing best practices, coaxing a song into existence, guiding that song seed into a song, and delivering a song once it is formed. (Spider Tent)
- Ellis Delaney will offer: Intentional Performance: Performing From the Inside Out Most performing workshops focus on techniques designed for you to be seen as a professional, being polished, and letting the songs shine. Those are incredibly important skills, but not what this workshop is about. Ellis invites you to also consider how audiences need to be "seen" and how magic happens when the performer tunes in to the beauty of the audience. Real connection happens naturally when a performer is both self-aware and tuned in to others. In this engaging workshop, you will practice a new model that focuses on valuing who you are AND valuing the people in your audience! Bring your instrument and come ready to perform (optional)! (Lizard Tent)
- Rebecca Folsom will offer: Vocal Freedom Workshop In this class you will learn tools (some traditional and some very nontraditional) to open and expand your vocal range, resonance, and character, along with tools to open and expand your performance ease, depth and brilliance. You will be given key adjustments particularly focused to your voice/your body that with little effort make fundamental shifts to your overall Vocal and Performance Freedom. We will alternate diving into teaching moments for the whole class to practice the exercises, and having individual volunteers perform. Come ready to sing with the group and sing individually, if you choose to volunteer. We will embody the practices moving beyond mental understanding to the knowing "ah ha" of relaxing into your best voice and best performance ever. These shifts are lasting and you can take them with you for the rest of your life. Vocal Performance Freedom! (Eagle Tent backstage)

> Mary Gauthier will offer: Let's Write! - Do you want to do some writing, maybe move the dial on new material that you can bring out into the world and sing with confidence? If yes, then this class is for you. No matter if you are brand new to songwriting, or have been at it for many years, coming up with new songs that you are excited about is one of the most rewarding parts of being a songwriter. In this class, Mary will engage your imagination, help you generate new ideas, and give you the time to turn them into songs. Students will be prompted, and then will write in every class. Mary has learned from decades of experience that all songwriters must break through creative stumbling blocks. We have asked, why aren't I writing more? Why is there never enough time? Why does it seem like everyone else is coming up with new material, but I feel like I'm sitting still? Well, the truth is, we all feel stuck at one time or another. The answer is, of course: JUST KEEP WRITING. But how? Mary will show you how! Then, she will give you time to create, and help you see what's working, and why. When you focus on what's working, it will grow, and what isn't working will naturally fall away. This class will be a safe place to create, your fellow classmates will cheer you on, and powerful new connections will be made. (Mountain Lion Tent)

- ➤ Bonnie Hayes will offer: Song Rewriting Workshop Some smart alecky songwriter once said, "Songwriting should be called 'song rewriting", and boy was she right. It seems like it's easy to write a first draft, and yet so hard to find the time, or the creative energy, for re-writing our songs. In this class, bring a song you'd like to re-work, for feedback and rewriting tips. (Festival Main Stage)
- ➤ Paul Reisler will offer: Harmony and Chord Substitution We'll work on understanding how chords work and how they help shade the emotion of the moment with a proper choice of chords, chord types and substitutions. You'll learn how they are constructed, and how to harmonize your melody in different ways using functional substitutions, secondary dominants, extended chords and much more. We'll do this by taking a song and harmonizing it in 8 different ways using different types of chord substitutions. This is a participatory workshop for students of all levels that will give you an understanding of harmony and an inspiration to use it in your music. (Wildflower Pavilion)
- Pat Pattison will offer: Writing Better Lyrics In this wide-ranging seminar, covering the essentials of lyric writing, you'll work on verse development, use of image and metaphor, prosody and the art of matching of lyric and music. Pat will use participant's songs as a springboard to begin conversations on effective re-writing. Interactive, challenging you with a spate of writing exercises, you'll come away with deeper insights into writing, no matter what your genre. (Blue Heron Tent)
- † PLEASE NOTE: Steve Seskin will offer a Songwriting Masterclass This class is for students who were pre-selected ahead of time. All students are welcome to observe. (Hummingbird Tent)

## 4:15 - 5:30 Monday Electives

1) Embellishing Your Song - Bring your songs to this interactive workshop with Arthur Lee Land and learn new ways to embellish your song by adding tasty guitar fills, substitute chord changes, various picking and strumming approaches, alternate chord forms and inversions, varied capoed positions and more. (Eagle Tent - backstage)

- 2) Herbal Remedies for the Working Musician An introductory approach to plant medicine and herbal support for musicians to use whether they're on the road, in the studio, working hard and/or playing hard. This class will emphasize safe and gentle plant allies that can support your body and creativity as you move through the world and share your music. Plus some fun instruction on how to make things yourself at home. In addition to being a musician, Siri is a bioregional herbalist based in the Upper Mississippi River Valley and a certified master clinical herbalist. (Trout Tent)
- With Sarah Clanton, the cellist, singer songwriter and music industry expert behind Tunedough. Are you ready to unlock the secrets of royalty collection and take control of your music career? In this workshop, Sarah will guide you through practical action steps to ensure you're not leaving any money on the table when it comes to your streaming royalties. Discover how Tunedough can revolutionize your approach to royalties, providing you with the tools and knowledge to maximize your earnings. Sarah, with her years of experience and success in the industry, will share insider tips on registering your songs, tracking your royalties, and navigating the complex world of music revenue. It's time to unleash your potential and turn your passion into profit with Tunedough! (Bear Tent)
- 4) Tick Tock For Songwriters Learn how this "digital busking" platform can help songwriters hone their skills, build their brand and find new fans and collaborators. This crash course on TikTok, led by Melody Walker (aka @melodywritessongs) will give you all you need to know to start growing a TikTok account and gaining a wider audience and community than ever before. (Coyote Tent)

"The ability to appreciate music is the defining quality of our humanity."

– Oliver Sachs

5) I Still Got It - Staying Relevant After A Certain Age VII - This popular workshop will have its 5th airing. After years of practice and hard work, all the goodness of what you do has really come together—and now you have stylish bifocals and some gray hair. More than ever, after-50 singer songwriters have earned the right to take some extra care to keep their thing together. Lower the key, pace your set, show your maturity in your vocal approach to the music. We'll talk about your age, station, health, direction, and expectations. Let's talk about subject material too—writing about love and relationships has a different slant now, doesn't it? You know more now—here's your chance to parlay that experience and knowledge into successful songwriting and performance. While there'll be plenty of discussion, be prepared to play and sing. Presented by Vance Gilbert. (Lizard Tent)

- The Spirituality of Songwriting The British Novelist, Arnold Bennett wrote that 6) music is "...a language which the soul alone understands but which the soul can never translate."Those who are called to create music – or any other artistic endeavor - understand that the mystery of the creative process can move us in ways that cannot be rationally explained. If you've ever marveled at how an idea, a phrase, or even a fully-formed song – emerges from the ether, you understand the relationship between that which we know and the mystery of the creative process. The bonds that are shared between songwriters, performers and audiences can be profoundly life changing. At The Song School, we learn how to hone our craft. But technique can only take us so far - we are more than merely practitioners; we are artists and vessels of creativity. Acknowledging and nurturing our spirituality affirms that we are part of something bigger than ourselves. This class with Rabbi Joe Black will give us tools to begin exploring the relationship between spirituality and the creative process. This will not be an exercise in religion or ritual. Rather, we will unpack the relationships between ourselves and our souls – using concepts such as embracing liminality in time and space, communal connection, sacred questioning and giving thanks as essential elements of our creative lives. (Mountain Lion Tent)
- 7) Overcoming Social Media Burnout Are you exhausted by the daunting daily task of social media and content creation? Are you having trouble getting started or finding consistency with the overwhelming necessity of a digital presence? This class with Bonnie and Taylor Sims will address the problems that DIY artists face trying to market and promote themselves and their music online. Come learn how to optimize your social media channels through a tested model that has helped us reach hundreds of thousands of followers over multiple platforms. (Hummingbird Tent)

"All the arts we practice are apprenticeship.

The big art is our life."

– M.C. Richards

8) Guaranteed Groove: Finding Your Inner Rhythm – The ability to keep steady time is important for ALL musicians, not just drummers. It can affect your ability to write interesting songs, play with other musicians, record your music using a click track (and/or a drummer), and most importantly, to engage your audience. Keeping a consistent rhythm, even if you're just playing solo, is part of what keeps your listeners interested. Everyone has an innate sense of groove—the trick is getting in touch with it. In this hands-on, interactive class we'll learn how to feel, count and play various beat subdivisions, and apply them to the guitar. Does your guitar playing feel stuck in a "rhythmic rut"? Do you hate playing to a click? This is a fun, energetic class to give you practical tools for finding your own inner groove! Bring your guitar to class, and a strap if you have one. Presented by JJ Jones. (Wildflower Pavilion)

- 9) Delivering Your Song You wrote a song, your song finally exists, now what? In this class with Caitlin Canty, we'll discuss performing, arranging, collaborating (playing the song with others), recording and learn how to help the song shine in these spaces. Please bring a song you wouldn't mind sharing with the class. (Spider Tent)
- 10) Believe In Yourself A Magical Framework for Falling in Love with Your Art and Moving Past Self-Doubt - Eight years ago Shanna in a Dress showed up at Song School as a nanny in Boulder who wrote songs sometimes. Now she is a full-time independent musician in Nashville, headlining folk festivals, and supporting herself with Patreon, touring, and coaching. Last year she biked across the US ("Tour de Dress") from Seattle to Boston performing over 60 shows along the way. She believes you will go as far as you believe you can go, your creative journey won't look like anybody else's, and that the road to success can be happy, fun, and even EASY! Most importantly, she thinks that believing in yourself is a SKILL that can be learned and you'll be given a practical framework to shift your mental state, organize your thoughts, and solve ANY area where you're stuck or "should"-ing on yourself. This mental framework has been a game-changer for Shanna and her Shiny Object Syndrome and you will be able to use these tools for the rest of your life. A few attendees will get coaching on the spot on their Stuck Spots and you will leave with FUN perspectives and strategies that you invented in the area where you've been dragging your feet. If the only thing in the way of you and your creative dreams is YOU, come to this class! Bring a notebook. And all your crippling self-doubt. (Blue Heron Tent)

11) Song School Check In and Reflect - Need a moment to check in? Within the process of exploring our songwriting, it is natural for participants to unlock parts of themselves that may feel uncomfortable, vulnerable or raw. Similarly, you may feel the highest highs alongside the lowest lows within your journey here at song school. This daily gathering offers a safe space to share about the visceral experience you are having. We offer a moment of refuge to process what might be coming up for you, honoring your unique journey here and allowing a moment to reflect and be witnessed through your process here at The Song School. (trees by Yurt behind the Wildflower)

**12) Mentoring** – See sign-ups in Blue Heron Tent

## 6:00 - 7:30 Song School Barbecue

The barbecues are open to Song School students and their registered guests. Your wristband is your meal ticket. **Please remember to reuse and compost everything. Thanks!** (Hummingbird Tent )

## 7:30 Open Stage

Confirm your day and time posted in Blue Heron Tent. Play for peers! (Wildflower Pavilion)

"When you go out into the woods and you look at trees, you see all these different trees. And some of them are bent, and some of them are straight, and some of them are evergreens, and some of them are whatever. And you look at the tree and you allow it. You see why it is the way it is. You sort of understand that it didn't get enough light, and so it turned out that way. And you don't get all emotional about it. You just allow it. You appreciate the tree. The minute you get near humans, you lose all that. And you are constantly saying, "you're too this, or I'm too this." That judging mind comes in. And so I practice turning people into trees. Which means appreciating them just the way they are."

- Ram Dass

# Tuesday, August 8th

#### TIP OF THE DAY

If you have a Festival related question or problem, please let us know before class or during lunch break today so we can help you work out a solution before the Festival. Use the message board as needed.

#### TO DO LIST

- Mentoring session sign-ups. Sign-up sheets for Tuesday will be put out at 9am in the Blue Heron Tent. Check back at lunchtime for additions during the day.
- Your night to play the open stage? Confirm your time at Blue Heron Tent.
- Musical supplies will be available for sale after class today (4:15-5:15pm) in front of the bathhouse! Call ahead to HB Woodsongs for special requests at 303-449-0516.

## 7:30 - 8:30 Qi Gong

Qi Gong is a 4,000 year old practice that cultivates energy and vitality. Practice gentle movements with Carli Zug that strengthen the body, increase flexibility and relieve stress. No experience necessary. (Trout Tent)

## 8:00 - 9:00 Yoga

Yogi Heather Hottovy will help celebrate the start of your day with a gentle yoga routine. No prior experience necessary. Complimentary mats and blocks provided. (Meet by silo)

## 9:30 - 9:50 All Group Session: Live Performing Basics

A perfect mini-primer or reminder for the evening open stages, especially if you're new to performing live, join Vance Gilbert and Amy Speace for a quick review of the nuts and bolts of live performing. And the sound person with appreciate you! (Wildflower Pavilion)

#### 10:00 - 12:00 Electives

ne the best advice I've ever heard regarding songwriting. He told me to get up every morning and write a song, complete it, and put it in a file folder and not look at it for 6 months. Not a good song or a long song necessarily, just a song. Two years and several hundred songs later, I realized that I had not only learned a lot about the craft of songwriting, but a great deal about how to generate ideas and images and carry them through, how to dance around writer's block and how to fool myself into approaching my writing in a fresh way each day. If you want to write songs on a regular basis, you need a reliable technique that you can use whenever you sit down to write. You'll be writing a song during this workshop and gathering the tools you'll need to write on a daily basis. This is a 4-day workshop and you should participate in all the sessions to get your song finished. We will not take new people after the 2nd day. (Wildflower Pavilion)

2023 Song School Tuesday

2) Song Session with Bonnie Hayes and Steve Seskin – These sessions take an in-depth look at participant's songs, finding teachable moments to benefit not only the writer but observers as well. We'll identify strengths in each song and look at what could be even better. This session is open to as many people as wish to attend. We'll probably get to 3 or 4 songs each morning, showing you tools to move the songs further ahead. We prefer that people play live so we can more easily suggest different approaches, especially when it comes to melody and phrasing. This class is offered on Monday, Tuesday and Wednesday and it's fine to attend one or more sessions. Bring several lyric sheets. (Mountain Lion Tent).

- Performance with Amy Speace (Session 1) A three day comprehensive performance class. You can do all three or just jump into one of them. We will look at performance from the 'inside out' (it'll make sense, I promise). You will learn the art of connecting to both the song and the audience in a profound way. This is an 'on your feet' class, so come prepared with a song you know by heart that you're willing to dig into.(Festival Main Stage)
- 4) Music Production Techniques Join LA-based producer/engineer Ryan Benyo for an interactive recording and music production workshop. Watch as Ryan takes you through his recording process, explaining each technique in detail along the way as he records a fully produced section of a song from scratch. A variety of techniques will be covered, ranging from various microphone selection and placement techniques for guitar, vocals and other instruments, to drum programming, sweetening and more. Best of all, emphasis will be placed on utilizing the tools students already have, and getting the most out of a cost-efficient home studio set-up. Those with no prior recording experience should take "Intro To Home Recording" prior to taking this workshop. (Blue Heron Tent)
- 5) Take a Lead Break On Your Own Song Yo Songwriters! Wanna learn to play lead guitar in 2 hours? For real... you will be improvising lead guitar solos before you leave this class! Arthur Lee Land will show you the way using "The Art of Live Looping" to provide a backing track for you to explore your new found soloing ideas & techniques based on handouts with simple pentatonic patterns spanning the entire neck. We will also be covering techniques to help you develop clarity in your phrasing such as Major and Minor Pentatonic Scale Substitution, Motif playing, Question & Answer, Melodic & Rhythmic Repetition, Target Notes and Color Tones. (Eagle Tent backstage)

"Live as if you were to die tomorrow; Learn as if you were to live forever." – Gandhi

6) Getting Started With Altered Tunings – Do you want to explore altered tunings, but don't know where to start? This workshop with Justin Roth will introduce reasons why and ways to understand, compose in, convert songs to, and switch between different altered tunings to help you find a new approach and sound for your songs. Don't worry about the music theory part. We will learn a "theory-lite" way of understanding and relating altered tunings to songs you've already written or songs to come. Using altered tunings doesn't have to be a scary thing. Handouts will be provided to get you started with multiple chord positions in DADGAD and CGDGBD, as well as tuning tips to help you get in and out of different tunings quickly. Come find the richness and new sound your guitar has to offer! (Coyote Tent)

- 7) Getting Stuff Done: Right-Brained Organizational Tools for Creative Folks Ellis Delaney (performing songwriter) and Terri Delaney (social worker), will teach you friendly tools for time management and organization that are designed for wandering creative-minded songwriter types who regularly feel overwhelmed and lost. Says Ellis, "Setting aside songwriting time has always been challenging for me amidst a busy touring schedule, being a mom and doing all those music business-y things on my to-do list. All of the traditional left-brained time management and organizing skills haven't worked for me. I have found that structure is freedom and we can't wait to show you these tools." (Lizard Tent).
- 8) Next Level Voice Class Join Ron Browning for a fun and engaging class on how to find your best voice and performance. Discover your unique sound through conversation—after all, your singing voice is your speaking voice! Use simple tricks of casual conversation to make your singing have a more intimate and honest delivery. Learn the do's and don'ts of lyric interpretation. Learn about the projection power found in a baby's cry and learn how to use it in singing for a more soulful expression, or to have more vocal power. Add "cry mode" to your vocal techniques and walk away from all vocal faults and your fear of high notes. And of course this will allow you to walk away from vocal fatigue once and for all. Both vocal and performance techniques will be taken into consideration for the more advanced singers. Come with questions. Guitars and recorded tracks are welcome—or sing a cappella! (Bear Tent)
- 9) This Song is For Me Often there is so much focus on honing our originals so they can stand side-by-side with songs we admire on the radio, Spotify, Apple Music. But what about the songs you wrote in the midst of that 15 months of serious sequestering and introspection? Or when you were just sad or pissed. Do they have to scan like hits? Or can we honor and validate those songs written from that very personal space, even if they don't line up like "verse verse chorus verse bridge chorus" tickets to fame. What about those songs that are the ticket to your personal well being? Let's play some of them, chat about them, and see where these songs live in the pantheon of \*you\*.(Hummingbird Tent)

10) The Easiest Songwriting Class, Ever! - We often make songwriting much harder than it needs to be. Here we will focus on the magic and flow of the transmission of a song. We will refrain from interrupting a song in the pure stream as it is being handed to us, engage our abandon, and write FREELY. We will use a special and simple technique designed to open your songwriting flow so that you write a song (usually in its entirety) right here, right now. Come leap and enjoy the invigorating experience of uncensored creativity. (Trout Tent)

11) Mentoring Sessions – See sign-ups in Blue Heron Tent

#### 12:00 - 1:30 Lunch Break

TO DO: Confirm open stage performance times posted in Blue Heron Tent.

## 1:30 - 4:00 Creative Songwriting Groups and More: Session 2

Your daily dose of songwriting and more. See all instructor descriptions below. Each instructor will meet at the following location:

#### **MEETING PLACES**

- o Phoebe Hunt Bear Tent
- Siri Undlin Lizard Tent
- o Stephen Kellogg Coyote Tent
- o Caitlin Canty Spider Tent
- o Rebecca Folsom Eagle Tent
- o Mary Gauthier Mountain Lion Tent
- o Bonnie Hayes Festival Main Stage
- o Paul Reisler Wildflower Pavilion
- o Pat Pattison Blue Heron Tent
- o Steve Seskin Hummingbird Tent †
- Phoebe Hunt and Ashley Johnson will offer: SONGA! Ignite Your Inner Voice; a communal song circle to share in the power of group song and unlock the voice within. In collaboration with Ashley Johnson's SONGA! practice, come join into a chorus of voices connecting to the ancestral practice of community singing. Together, Ashley and Phoebe will guide the group through songs that come from an amalgamation of cultures, combining African/tribal song circle, chanting practices and western song as a mechanism for connecting to the voice within. There is no need for any prior vocal experience and all levels of singing are welcome within this circle. When voices unite, each individual becomes a part of the collective voice while simultaneously unlocking and opening the unique voice within. (Bear Tent)

*Tuesday* 

2023 Song School

Siri Undlin will offer: No Rules Songwriting – A relaxed exploration of creative songwriting. Students can expect a variety of provocative and quirky writing prompts, collaborative projects, and exercises to take home and incorporate into everyday life. Especially geared towards folks with a love of lyrics and melody or wanting to strengthen that skill. (Trout Tent)

- ➤ Stephen Kellogg will offer: Speaking (and Finding) Your Truth Through Lyrics In this session we will explore the journey to finding our authentic voice, specifically as it relates to the lyrics we write and express in our songs. We will examine best practices and share through group and individual exercises that help shake loose "the words to say what you feel." We will address writer's block, co-writing as a concept, and leave time for some Q and A about whatever your greatest lyrical challenges are. Gonna be fun! (Coyote Tent)
- <u>Caitlin Canty will offer: Songwriting From Seed to Flower</u> Caitlin will draw from her own experience as a solo singer-songwriter, bandmate, co-writer, and constant collaborator. We will focus on distilling your own voice as an artist and putting more tools in your own songwriter toolkit. Each day will start with a brief pen to page free write. Each day we will dig deeply into an existing song and its workings. This course will emphasize co-writing best practices, coaxing a song into existence, guiding that song seed into a song, and delivering a song once it is formed. (Spider Tent)
- Rebecca Folsom will offer: Dynamic Songwriting Tools Crack open your songwriting habits with these super-easy-to-learn and fun-to-apply tools from Berklee College of Music. We will play with how simple changes in vocal melodies and rhythms, and instrument melodies and rhythms can create a dynamic shift in your songs. If you want to make your song sections sound dramatically different from each other, and you want your songs to not only stand out from other songs you've written but to stand out in a crowd, you will love this class. (Eagle Tent)
- > Mary Gauthier will offer: Let's Write! Do you want to do some writing, maybe move the dial on new material that you can bring out into the world and sing with confidence? If yes, then this class is for you. No matter if you are brand new to songwriting, or have been at it for many years, coming up with new songs that you are excited about is one of the most rewarding parts of being a songwriter. In this class, Mary will engage your imagination, help you generate new ideas, and give you the time to turn them into songs. Students will be prompted, and then will write in every class. Mary has learned from decades of experience that all songwriters must break through creative stumbling blocks. We have asked, why aren't I writing more? Why is there never enough time? Why does it seem like everyone else is coming up with new material, but I feel like I'm sitting still? Well, the truth is, we all feel stuck at one time or another. The answer is, of course: JUST KEEP WRITING. But how? Mary will show you how! Then, she will give you time to create, and help you see what's working, and why. When you focus on what's working, it will grow, and what isn't working will naturally fall away. This class will be a safe place to create, your fellow classmates will cheer you on, and powerful new connections will be made. (Mountain Lion Tent)

▶ Bonnie Hayes will offer: Writing Hit Songs – Most songwriters don't care at all about writing hit songs. But most do want to write songs that make listeners dance, or sing along, or cry—or all three. Even if we don't really like them when we hear them on the radio, hit songs, listened to and loved by millions of people, hold secrets that can be unlocked and applied to personal writing. Learning techniques used by hit songwriter can help us make the tweaks to our songs that make them just a little more effective. In this class, we'll look at the characteristics of hit songs past and present. We'll also answer the question of why choruses are so important, celebrate the wonderful invention of the post-chorus, review some processes that songwriters use to make their songs accessible and yet unique, and discuss how to balance your own authentic voice and story with the intentional and technical approach used by hit writers. (Festival Main Stage)

- ▶ Paul Reisler will offer: Advanced Harmony and Chord Substitution; If Your Truth Requires More Than Three Chords Sure, three chords and the truth works for some songs. But, it's a bit like writing a story with just nouns and verbs it covers the black and white, and perhaps the primary colors. To really paint the picture, you need the subtle emotional shading—the adverbs and adjectives—that a more extended harmonic language can provide. If you want to add some color to your palette, this class with Paul Reisler is for you. While this might sound complex and scary to the theory-phobic, we promise to lead you through it in an accessible and fun way so that you'll understand how to use it and why it works. We'll be looking at techniques such as cadences, extended chords, voice leading, borrowed chords, secondary dominants, diminished ii-V-I progressions, flat 5 substitutions, modulation and perhaps even negative harmony. We'll also look at a really incredible program that lays out the chord substitutions in an organized way. There will be lots of examples of the techniques in a wide range of styles. Participation in Paul's regular Harmony and Chord Substitution class is a prerequisite. (Wildflower Pavilion.)
- Pat Pattison will offer: Writing Better Lyrics In this wide-ranging seminar, covering the essentials of lyric writing, you'll work on verse development, use of image and metaphor, prosody and the art of matching of lyric and music. Pat will use participant's songs as a springboard to begin conversations on effective re-writing. Interactive, challenging you with a spate of writing exercises, you'll come away with deeper insights into writing, no matter what your genre. (Blue Heron Tent)
- † PLEASE NOTE: Steve Seskin will offer a Songwriting Masterclass This class is
  for students who were pre-selected ahead of time. All students are welcome to
  observe. (Hummingbird Tent)

"Sometimes the most ordinary things could be made extraordinary, simply by doing them with the right people" – Nicholas Sparks

## **4:15 Creative Gap...** with just a few offerings for over achievers.

1) Song School Check In and Reflect – Need a moment to check in? Within the process of exploring our songwriting, it is natural for participants to unlock parts of themselves that may feel uncomfortable, vulnerable or raw. Similarly, you may feel the highest highs alongside the lowest lows within your journey here at song school. This daily gathering offers a safe space to share about the visceral experience you are having. We offer a moment of refuge to process what might be coming up for you, honoring your unique journey here and allowing a moment to reflect and be witnessed through your process here at song school. (Bear Tent)

- 2) Check...one...two... Does approaching a sound person intimidate you? Have you always wondered how to get the most from your sound check? Do you have a tough time communicating with the sound engineer? In this class, we will take you through some of the most common sound issues that the singer/songwriter will encounter during a sound check. We will address the difference between the monitors and the mains, present low, mid and high frequency issues, cover DI boxes, microphone choices and chord configurations. Most importantly, we will teach you how to communicate with your sound engineer to get the most from your sound check. Your sound check is time for you to feel comfortable on stage and dial in your best sound before your audience arrives. When done correctly, it frees you up to have a great show and focus on your performance and not the sound. One or two students will be asked to volunteer to do a sound check and be presented with one of the previously addressed problems. The class and instructors will help them work through the problem. Presented by Jill Brzezicki (Wildflower Pavilion)
- 3) Qi Gong Qi Gong is a 4,000 year old practice that cultivates energy and vitality. Join Carli Zug for gentle movements that strengthen the body, increase flexibility and relieve stress. No experience necessary, just comfortable clothes. (Trout Tent)
- 4) Mentoring Sessions Rebecca Folsom, others, see sign-ups in Blue Heron Tent

#### 5:30 - 8:00 Dinner and snacks served on site

Visit the Bloomberries Booth next to the bathhouse to purchase a convenient dinner.

## 8:00 Open Stage

Confirm your day and time posted in the Blue Heron Tent. (Wildflower Pavilion)

"Who knows what you might learn from taking a chance on conversation with a stranger? Everyone carries a piece of the puzzle. Nobody comes into your life by mere coincidence. Trust your instincts. Do the unexpected. Find the others."

— Timothy Leary

"I want it all, and I would like it delivered"

– Bette Midler

2023 Song School Tuesday

# Wednesday, August 9th

#### TIP OF THE DAY

Pace yourself and enjoy!

#### TO DO LIST

- Mentoring session sign-ups. Wednesday sheets out at 9am in the Blue Heron Tent.
- Your night to play the open stage? Confirm your time at Blue Heron Tent.

## 7:30 - 8:30 Qi Gong

Practice gentle movements with Carli Zug that strengthen the body, increase flexibility and relieve stress. (Trout Tent)

## 8:00 - 9:00 Yoga

Heather Hottovy will help celebrate the start of your day with a gentle yoga routine. Complimentary mats and blocks provided. (Meet by silo)

#### 10:00 - 12:00 Electives

- Directed Writing (Session 3) with Paul Reisler This is a multi-day workshop that is progressive. Sorry, no new people after Tuesday. (Hummingbird Tent)
- 2) Phrasing: The Body Language of Your Song This seminar will give you important keys to phrasing your lyrics for the most impact and support of meaning. Working with rhythms and placements, you'll learn how to make sure that the line, like body language, helps to really deliver the emotion you intend. This is a "can't miss" seminar -- it's bound to take your writing to the next level. (Blue Heron Tent)
- Performance with Amy Speace (Session 2) A three day comprehensive performance class. You can do all three or just jump into one of them. We will look at performance from the 'inside out' (it'll make sense, I promise). You will learn the art of connecting to both the song and the audience in a profound way. This is an 'on your feet' class, so come prepared with a song you know by heart that you're willing to dig into.(Wildflower Pavilion)

"It is only with the heart that one can see rightly; what is essential is invisible to the eye."

– Antoine de St. Exupery

4) Next Level Voice Class – Join Ron Browning for a fun and engaging class on how to find your best voice and performance. Discover your unique sound through conversation--after all, your singing voice is your speaking voice! Use simple tricks of casual conversation to make your singing have a more intimate and honest delivery. Learn the do's and don'ts of lyric interpretation. Learn about the projection power found in a baby's cry and learn how to use it in singing for a more soulful expression, or to have more vocal power. Add "cry mode" to your vocal techniques and walk away from all vocal faults and your fear of high notes. And of course this will allow you to walk away from vocal fatigue once and for all. Both vocal and performance techniques will be taken into consideration for the more advanced singers. Come with questions. Guitars and recorded tracks are welcome—or sing a cappella! (Bear Tent)

- 5) Mixing & Mastering Techniques In this intermediate recording workshop, LA-based producer/engineer Ryan Benyo will walk students through mixing and mastering a pre-recorded song from start to finish. Topics and techniques will include balance, compression, EQ, time-based effects (reverb/delay), gain-staging, vocal-tuning, style, loudness and more. Each of these techniques will be explained in further detail along with overall mixing/critical listening philosophies while collectively working through a mix. Those with no prior recording experience should take "Intro To Home Recording" prior to taking this workshop. (Coyote Tent)
- **Re-wilding Your Fingerpicking -** In the class with Jayme Stone, we'll explore unique guitar patterns used by songwriters like Adrianne Lenker, Bruce Cockburn and Bob Dylan as well as ideas from South, East and West African guitar music. (Mountain Lion Tent)
- 7) Finding the North Star of Your Song: Writing Songs that Matter In this workshop with Nan Crawford, we'll look at the idea of having a "North Star" Line in your song, the line that signals our emotional intent for the song. We can do this by invoking metaphors and symbols to create connections to universal as well as personal touchstone themes. We'll spend the first half of the class using exercises to generate song ideas, and the second half fleshing our ideas out into a song form and melody. (Trout Tent)
- 8) The Art of Live Looping Through dynamic performance, demonstration and audience participation, multi-instrumentalist Arthur Lee Land teaches the fundamentals of live-looping. The elements of musicianship, technology, sound engineer, arranger and entertainer all come together in this 21<sup>st</sup> century art-form. Learn how to combine traditional instruments and emerging technologies to create an entire one-man band and how you can use live-looping to enhance your performances. Live-looping is also a great tool for writing songs and practicing your instrument. Students will participate in improvised song creation and build their own loops. (Eagle Tent)

9) Standards, Covers, & Songs That Ain't Yours - How To Adapt Them To Your Set - Come join the fun as Vance shows you tools and gives permission to put everything in your set from Jimi Hendrix to John Denver. You'll explore the neck of the guitar a little, develop confidence in singing your favorite covers \*your\* way, and talk about where and when these classics are placed in your set. Even a 2-3 song set!! (Lizard Tent)

- 10) Adding Harmony and Beyond Join Bonnie & Taylor Sims with Melody Walker and Megan Burtt for a guided harmony crash course to spice up your arrangements and improve your musicality. Always wanted to learn to find and sing harmony parts? Tired of the same old vocal stack? Learn to identify the color tones in a melody and incorporate corresponding color tones into your harmony lines. Come sing with us! (Spider Tent)
- **11) Mentoring Sessions –** Steve Seskin (Turtle Tent), others TBA. Check sign-ups at Blue Heron Tent

#### 12:00 - 1:30 Lunch Break

Confirm open stage performance times posted in Blue Heron Tent.

## 1:30 - 4:00 Creative Songwriting Groups and More: Session 3

Your daily dose of songwriting and more. See all instructor descriptions below. Each instructor will meet at the following location:

#### **MEETING PLACES**

- o Phoebe Hunt Bear Tent
- o Siri Undlin Trout Tent
- o Stephen Kellogg Coyote Tent
- o Caitlin Canty Spider Tent
- o Bonnie Hayes Wildflower Pavilion
- o Mary Gauthier Mountain Lion Tent
- o Vance Gilbert Eagle Tent (backstage)
- Paul Reisler Lizard Tent
- o Pat Pattison Blue Heron Tent
- o Steve Seskin Hummingbird Tent †
- Phoebe Hunt will offer: Scheduling to Nature The artist's guide to visualizing and planning creative projects within the flow state of being. Need a moment to visualize your future according to the universal time keeper? Studying the Ayurvedic philosophies on time management, which connect us to the natural flow of the seasons, we can tap into our individual doshsa (we will learn what this is) and see how it aligns with the flow of the seasons. Tuning into the cycles of nature shows us how to tune into our own strengths and weaknesses as we bring creative projects to life. Let's work with our natural rhythms rather than against them so that each of our projects can come into fruition in alignment with the greater rhythm of the seasonal flow. (Bear Tent)

Siri Undlin will offer: No Rules Songwriting – A relaxed exploration of creative songwriting. Students can expect a variety of provocative and quirky writing prompts, collaborative projects, and exercises to take home and incorporate into everyday life. Especially geared towards folks with a love of lyrics and melody or wanting to strengthen that skill. (Trout Tent)

- ➤ Stephen Kellogg will offer: Speaking (and Finding) Your Truth Through Lyrics In this session we will explore the journey to finding our authentic voice, specifically as it relates to the lyrics we write and express in our songs. We will examine best practices and share through group and individual exercises that help shake loose "the words to say what you feel." We will address writer's block, co-writing as a concept, and leave time for some Q and A about whatever your greatest lyrical challenges are. Gonna be fun! (Coyote Tent)
- Caitlin Canty will offer: Songwriting From Seed to Flower Caitlin will draw from her own experience as a solo singer-songwriter, bandmate, co-writer, and constant collaborator. We will focus on distilling your own voice as an artist and putting more tools in your own songwriter toolkit. Each day will start with a brief pen to page free write. Each day we will dig deeply into an existing song and its workings. This course will emphasize co-writing best practices, coaxing a song into existence, guiding that song seed into a song, and delivering a song once it is formed. (Spider Tent)
- Bonnie Hayes will offer: Harmony, Tonality, Chords Oh My! The chord progression of a song provides the emotional understory to your lyrics and melody, the "film score" to your song's lyric story. For us, using chords in an emotional way may be hindered both by limitations of what we know or are able to play, as well as difficulty with "thinking" about harmony. This class will walk songwriters through the basics of tonality, including chord progressions, modes and relative minors, and blues tonalities. We'll learn some chord progressions for each, explore the wonders of the circle of 5ths, and just generally nerd out on harmony. (Wildflower Pavilion)
- ➤ Vance Gilbert will offer: Songwriting Through the Eyes of Performance A great song does not by itself get heard. It needs to be performed so that a producer, publisher, record exec, and most importantly your fans can be part of its full impact. It's a "collision course" Vance offers where performance and songwriting are inextricably intertwined entities. Here's your chance to pick up and hone some skills that will make your song and its presentation shine. Everything from keeping time, arrangement of the song, what key, "getting the guitar out of the way", the cliché police, posture, vocal stuff, even how to approach the stage and plug in the guitar will be examined on the mic in a safe and supportive "open mic-ish" atmosphere. (Eagle Tent backstage)

> Mary Gauthier will offer: Let's Write! - Do you want to do some writing, maybe move the dial on new material that you can bring out into the world and sing with confidence? If yes, then this class is for you. No matter if you are brand new to songwriting, or have been at it for many years, coming up with new songs that you are excited about is one of the most rewarding parts of being a songwriter. In this class, Mary will engage your imagination, help you generate new ideas, and give you the time to turn them into songs. Students will be prompted, and then will write in every class. Mary has learned from decades of experience that all songwriters must break through creative stumbling blocks. We have asked, why aren't I writing more? Why is there never enough time? Why does it seem like everyone else is coming up with new material, but I feel like I'm sitting still? Well, the truth is, we all feel stuck at one time or another. The answer is, of course: JUST KEEP WRITING. But how? Mary will show you how! Then, she will give you time to create, and help you see what's working, and why. When you focus on what's working, it will grow, and what isn't working will naturally fall away. This class will be a safe place to create, your fellow classmates will cheer you on, and powerful new connections will be made. (Mountain Lion Tent)

- ➤ Paul Reisler will offer: Songwriting With Kids I'm the founder and artistic director of Kid Pan Alley. We've now written over 2,700 songs with over 65,000 children using a group songwriting process I've developed. Kid Pan Alley Nashville features Amy Grant, Delbert McClinton, Suzy Bogguss, Raul Malo, Tommy Sims and others recording the songs we wrote with the children. Songwriting with kids is fun. It's part of how we give back some of what has been given to us and it sows the seeds for a new generation of songwriters. It's also great for our own songwriting chops because we have to work quickly using our intuition and wits. There's no time for the dreaded editor. Their minds work in the way we wish ours would when we write songs—non-linearly. And it may be the most likely way to make money with your songwriting. (Lizard Tent)
- ➤ Pat Pattison will offer: Writing Better Lyrics In this wide-ranging seminar, covering the essentials of lyric writing, you'll work on verse development, use of image and metaphor, prosody and the art of matching of lyric and music. Pat will use participant's songs as a springboard to begin conversations on effective re-writing. Interactive, challenging you with a spate of writing exercises, you'll come away with deeper insights into writing, no matter what your genre. (Blue Heron Tent)
- † PLEASE NOTE: Steve Seskin will offer a Songwriting Masterclass This class is
  for students who were pre-selected ahead of time. All students are welcome to
  observe. (Hummingbird Tent)

## 1:30 - 4:00 Mentoring - Various, TBA

#### 4:15 - 5:30 Electives

Plug In: Acoustic Instrument Amplification – So you have your guitar and your song and you're ready to hit the stage. You've spent countless hours honing your act and conjuring up beautiful sounds on your instrument, and now you need to plug in. Along with all the other skills you work to master as a performing acoustic artist, plugging in an acoustic instrument is an essential skill which can really help you sound your best. In this class we'll be investigating the various ways to get your instrument plugged in and sounding great, including: Acoustic instrument pickups / selecting the best one for your instrument and style, using various types of Preamps and DI boxes, using EQ to dial in the best sound for your instrument and pickup combination, adding and using effects—reverb, compression, delay etc. We will have a number of our preamps to try (FELiX, ALiX and BiX) with a high quality PA system. Participants are asked to bring their instruments so we can do hands-on experiments with everybody's particular setups. Presented by Michael and Eben Grace. (Wildflower Pavilion)

2) The Set List and General Performance Technique: For most performers who seem like "naturals" quite a bit of thought goes into presenting a "casual" and/or "well put together" concert. Have you ever watched another artist perform and been completely intimidated by what you see? Maybe they are a virtuoso that makes you want to quit your instrument. Maybe their stories are so funny it hurts your feelings. This session will help us to process what we see, and discuss what makes for a compelling performance. We will also discuss formulating a set list and some best practices of performing on the live circuit, from how to do an effective soundcheck to how to not piss off David Crosby (rest in peace.) (Coyote Tent)

Spiritual badass:

1. SENDS OUT LOVE TO STRANGERS

2. ALWAYS SEEKING OUT THE LESSON

3. KNOWS THAT HAPPINESS IS A CHOICE

3) Experimenting With Altered Tunings and Multiple Capoes – "You hear other people using altered tunings and multiple capos and it sounds so good... well this workshop will introduce you to the magical world of multiple three string capos with altered tunings!. Bill Nash has been on the cutting edge of trying to make the guitar easier to play with fewer fingers due to his dealing with multiple sclerosis for over 30 years, and in this workshop, you will learn many hints and ideas on how to achieve this goal. He has been giving these workshops at song schools across the country (including the Rocky Mountain Folks Festival Song School for more than a decade, the Kerrville Songwriters School for the since 2016, and at the SWRFA conference the last two years) and has received many accolades from his participants. He also does one-on-one mentor sessions during song school and sometimes during the festival (by appointment). There will be handouts available for students to take away from each workshop. Presented by Bill Nash. (Blue Heron Tent)

- 4) Embellishing Your Song Bring your songs to this interactive workshop with Arthur Lee Land and learn new ways to embellish your song by adding tasty guitar fills, substitute chord changes, various picking and strumming approaches, alternate chord forms and inversions, varied capoed positions and more. (Eagle Tent backstage)
- 5) Alan Explains It All This workshop will cover a wide range of topics crucial to the success of the performing songwriter, and tailored to the students interests, including why building an internet identity is much more than creating a webpage. We'll cover using email, web research, and social networking effectively, as well as making one's music available online. We'll also talk about booking strategies, building community coalitions, getting the most out of a sound check. Strategizing on alternative ways to monetize and make a living as a musician in the post-CD economy when live gigs have become far more scarce snd logistical costs keep rising. There are countless challenges out there. Alan Rowoth is the creator of "folkmusic.org", one of the most comprehensive sources for folk and acoustic music resources on the World Wide Web and will let the students dictate where the conversation goes. (Lizard tent)
- 6) Bandleading 101 Bandleading is tricky. And there are a lot of ways to go about it. In this class, we'll demystify bandleading as the opaque pursuit it sometimes seems to be and explore some foundational elements of organizing talented and passionate humans around a musical pursuit. Through writing prompts, discussion, and Q+A, we'll poke and prod at our assumptions about musical leadership and explore how a band can look and feel unique and sustainable to the people in it. (Trout Tent)

"Why not go out on a limb? That's where the fruit is."

– Will Rogers

7) Passport Required: International Touring – Touring outside the USA presents daunting logistical challenges, but it can be immensely rewarding -- artistically, professionally and personally. In today's "post-COVID" world (and it's not so "post-COVID" as we'd like to believe!), there are additional considerations and inherent risks involved with touring, which are amplified when international travel is factored into the mix. This workshop examines the nuts-and-bolts of touring internationally, including getting gigs, making contacts, transportation, PA and backline, visas, financial realities of touring overseas, as well as strategies for maximizing your impact before, during and after your tour. The impact of COVID and other disruptive events on international touring will also be discussed, as well as how these types of complications can be evaluated and proactively addressed while planning your international tours. Presented by Mike Beck (Mountain Lion Tent)

- 8) Vocal Clarity: A Party in Your Mouth! How do you convey meaning? Should you open your mouth more but what about ventriloquism? Spit out your words um, ew? Sounds like you're working harder than you have to... Are you supposed to get those pesky consonants out of the way so we can hear your sound but the consonants are what make meaning of those sounds, as well as being percussive and help you to float and groove... This class with Clare McLeod will help you improve resonance, projection, and give you options for more expressive singing and speaking. You wrote the words now remove any barriers to an audience receiving your intent. (Hummingbird Tent)
- 9) Speed Co-writing Learning to co-write has greatly benefited my own solo songwriting process. In this class we will have fun with a quick blind-date cowriting exercise in order to hit the ground running, learn best practices for a successful co-write, and discover tools that can help us in our solo endeavors. Please bring an instrument if you play one, but an instrument is not required. (Bear Tent)
- 10) Song School Check In and Reflect Need a moment to check in? Within the process of exploring our songwriting, it is natural for participants to unlock parts of themselves that may feel uncomfortable, vulnerable or raw. Similarly, you may feel the highest highs alongside the lowest lows within your journey here at song school. This daily gathering offers a safe space to share about the visceral experience you are having. We offer a moment of refuge to process what might be coming up for you, honoring your unique journey here and allowing a moment to reflect and be witnessed through your process here at song school. (Trees by Yurt behind the Wildflower Pavilion)
- **11) Mentoring Sessions** Rebecca Folsom (Turtle), others TBA
- 5:30 8:00 Dinner and snacks served on site (visit the Bloomberries booth)

## 8:00 Open Stage

Confirm your day and time posted in Blue Heron Tent. (Wildflower Pavilion)

# Thursday, August 10th

#### TIP OF THE DAY

Pick up your Festival wristbands. (Festival Box Office opens from noon - 9pm)

#### TO DO LIST

- Your night to play the open stage? Confirm your time at Blue Heron Tent.
- Mentoring session sign ups out at 9am in Blue heron Tent.
- Song School Vehicles off site during lunch break. All vehicles without on-site festival vehicle passes must be off property by 1:30pm.

## 7:30 - 8:30 Qi Gong

Practice gentle movements with Carli Zug that strengthen the body, increase flexibility and relieve stress. (Trout Tent)

## 8:00 - 9:00 Yoga

Heather Hottovy will help celebrate the start of your day with gentle yoga. (Meet near silo)

## 9:30 - 12:00 Creative Songwriting Groups and More: Session 4

The final songwriting session and more. See all instructor descriptions below. Each instructor will meet at the following location:

#### **MEETING PLACES**

- o Phoebe Hunt Bear Tent
- o Siri Undlin Trout Tent
- o Stephen Kellogg CoyoteTent
- o Caitlin Canty Spider Tent
- o Rebecca Folsom Wildflower
- o Mary Gauthier Mountain Lion Tent
- o Bonnie Hayes Eagle Tent
- o Ellis Delaney, Terri Delaney Lizard Tent
- o Pat Pattison Blue Heron Tent
- o Steve Seskin Hummingbird Tent †

"No one can realize how substantial the air is, until he feels its supporting power beneath him. It inspires confidence at once."

– Otto Lilienthal

2023 Song School Thursday

Phoebe Hunt will offer: Show Me, Don't Tell Me... - a songwriter's guide to using the power of language to bring your songs to life. Emotive songwriting allows us to bring a listener into the moment of a feeling. But if we simply share the feeling, we strip the listener of the opportunity to bring themselves into the story. Rather than simply stating a feeling, we must paint a picture of the emotion that strikes a chord to bring our deeper meaning to life. We will explore songwriting devices that allow us to utilize imagery, personification, alliteration and metaphor as mechanisms for truly painting this picture. (Bear Tent)

- Siri Undlin will offer: No Rules Songwriting A relaxed exploration of creative songwriting. Students can expect a variety of provocative and quirky writing prompts, collaborative projects, and exercises to take home and incorporate into everyday life. Especially geared towards folks with a love of lyrics and melody or wanting to strengthen that skill. (Trout Tent)
- ➤ Stephen Kellogg will offer: Speaking (and Finding) Your Truth Through Lyrics In this session we will explore the journey to finding our authentic voice, specifically as it relates to the lyrics we write and express in our songs. We will examine best practices and share through group and individual exercises that help shake loose "the words to say what you feel." We will address writer's block, co-writing as a concept, and leave time for some Q and A about whatever your greatest lyrical challenges are. Gonna be fun! (Coyote Tent)
- <u>Caitlin Canty will offer: Songwriting From Seed to Flower</u> Caitlin will draw from her own experience as a solo singer-songwriter, bandmate, co-writer, and constant collaborator. We will focus on distilling your own voice as an artist and putting more tools in your own songwriter toolkit. Each day will start with a brief pen to page free write. Each day we will dig deeply into an existing song and its workings. This course will emphasize co-writing best practices, coaxing a song into existence, guiding that song seed into a song, and delivering a song once it is formed. (Spider Tent)
- Rebecca Folsom will offer Zen Mind, Beginner Mind: Performing, Painting, Music & Poetry Workshop This is one unique and surprisingly freeing workshop! We will actively mix three different creative mediums; playing music, painting with acrylics, and writing prose. Participants will rotate and take turns with each media. Experience the freedom and delight of bypassing your inner rational critic as you surprise and entice your inner muse into ecstatic expression! No experience necessary. Come ready to paint, to write and to play. All art supplies will be provided, just bring your voice and/or instrument and writing journal. (Wildflower Pavilion)
- Pat Pattison will offer: Writing Better Lyrics In this wide-ranging seminar, covering the essentials of lyric writing, you'll work on verse development, use of image and metaphor, prosody and the art of matching of lyric and music. Pat will use participant's songs as a springboard to begin conversations on effective re-writing. Interactive, challenging you with a spate of writing exercises, you'll come away with deeper insights into writing, no matter what your genre. (Blue Heron Tent)

Bonnie Hayes will offer: Writing Emotional Melodies – Learn how to write melodies that will carry the emotion you want to evoke straight into your listeners' minds and hearts. It all comes down to writing intentionally - and knowing a few awesome tricks! We'll examine some key ideas in writing melodies and try to use the techniques with some in-class writing assignments. (Eagle Tent)

- ➤ Ellis and Terri Delaney will offer: Undefended Songwriting Are you interested in writing with an undefended heart? In this workshop, Ellis (performing songwriter) and Terri (somatic therapist) will help you work with your body & nervous system to be less defensive and more open-hearted as you write. It is nearly impossible to create when your nervous system believes there is a threat. The truth is that good writing is vulnerable writing, and if you have a history of not being seen, just trying to write will create a defensive body response. We will explore bottom-up practices (vs. top-down) that will help you grow your capacity to stay engaged and be intimate with creativity instead of spacing out, avoiding, fighting or running away. Come prepared to write and move your body! (Lizard Tent)
- > Mary Gauthier will offer: Let's Write! Do you want to do some writing, maybe move the dial on new material that you can bring out into the world and sing with confidence? If yes, then this class is for you. No matter if you are brand new to songwriting, or have been at it for many years, coming up with new songs that you are excited about is one of the most rewarding parts of being a songwriter. In this class, Mary will engage your imagination, help you generate new ideas, and give you the time to turn them into songs. Students will be prompted, and then will write in every class. Mary has learned from decades of experience that all songwriters must break through creative stumbling blocks. We have asked, why aren't I writing more? Why is there never enough time? Why does it seem like everyone else is coming up with new material, but I feel like I'm sitting still? Well, the truth is, we all feel stuck at one time or another. The answer is, of course: JUST KEEP WRITING. But how? Mary will show you how! Then, she will give you time to create, and help you see what's working, and why. When you focus on what's working, it will grow, and what isn't working will naturally fall away. This class will be a safe place to create, your fellow classmates will cheer you on, and powerful new connections will be made. (Mountain Lion Tent)
- → † PLEASE NOTE: Steve Seskin will offer a Songwriting Masterclass This class is for students who were pre-selected ahead of time. All students are welcome to observe. (Hummingbird Tent)

9:30 - 12:00 Mentoring Sessions - various, TBA

## 12:00 - 1:30 Lunch Break - please read below!

All Song Schoolers without on-site festival vehicle passes must move their vehicles out of the campground parking area by the end of lunch break to the designated Song School parking area at the Planet Bluegrass Farm. Simply turn right at exit and go ½ mile past Apple Valley Road to Farm entrance on the left. It's just a short walk back over the bridge and under the highway to the festival grounds. Thanks in advance!

#### 1:30 - 3:00 Electives

- Directed Writing Songsharing (Part 1) with Paul Reisler In this final session, participants will perform and record their songs written from the morning songwriting sessions. (Mountain Lion Tent)
- 2) Song Listening Session Stephen Kellogg will lead this session. A time and place to play your new, old or unfinished songs and let the group respond. (Spider Tent)
- 3) Recording: A Roadmap For Success You've written (or mostly written) the songs. You know you want to record them, you know you want it to be magical ... and you are overwhelmed! This can be true whether it's your first time, or your tenth! A recording project should be a great experience! And at the end of it, you should have a product that most represents who you are, and that you are proud of. We'll help you figure out how to get from here to there. This will be an interactive discussion on how to prepare, what to be thinking about, how to find out what you don't know, how to guide your project, and how *not* to be stressed about it! We'll even provide a checklist you can take with you. Bring questions! We're here to help! Presented by John McVey and Megan Burtt. (Lizard Tent)
- 4) 360° Creative Freedom Have you ever had the suspicion that in life and in your creative ventures maybe you don't have to work so hard? Maybe there is an easier way? Have you had the experience when something you're creating—a song, a show, an experience, a connection—comes together quickly and effortlessly? Do you know some people who make manifesting their vision look easy? Have you had enough of working hard? Are you ready for easy? On almost all boats there are small parts called Trim Tabs. These pieces, though small, create great impact in the movement of the vessel. Here's what is said about Trim Tabs. Large and small boats benefit, they get the boat out of the hole and on the plane quickly. They improve speed, safety and overall performance. They improve fuel consumption and lessen stress. They provide cost savings and make for a more enjoyable ride. Sound good? Come and I'll teach you how to access your Trim Tab moves for all your creative ventures. Presented by Rebecca Folsom. (Yurt, behind Wildflower Pavilion)

5) Fingerpicking Good (Part 1) – Whether you've never fingerpicked before, or feel you've plateaued in your guitar playing, this interactive workshop with Justin Roth will teach you why and how to incorporate fingerpicking into your box of tools. We will cover multiple fingerpicking patterns and other important basic techniques to help you to either begin, or improve, your fingerpicking as well as gain finger independence, control and clarity. This workshop is open to all levels, but we will start with beginner-intermediate level. Handouts provided. (Coyote Tent)

- Your Voice: A Guided Tour Your sound is the result of a dynamic process in which several parts of your body interact. In this session, you'll develop your understanding of the structures that make up the quality of your voice and strengthen both your consistency and versatility. Operating from a thorough understanding of how the voice works, Clare MacLeod will help you deepen your connection to your instrument, your material and your audience.(Trout Tent)
- 7) Vance Advanced 202 Is your Set All Set? It's time. You're a seasoned performer or you've done a performance class with Vance, Amy Speace, or Kathy Mattea. Great! Now let's string 2-3 songs together in an effective "set" and look at pacing, keys, time signature and subject material. We'll look at the shape of the performance, patter, and what makes you and your thing most effective: \*Note class is open to all, but participation requires a minimum 10 15 minute commitment, so there will be 4 5 people worked with, maximum. (Eagle Tent)
- 8) Performance with Amy Speace (Session 3) A three day comprehensive performance class. You can do all three or just jump into one of them. We will look at performance from the 'inside out' (it'll make sense, I promise). You will learn the art of connecting to both the song and the audience in a profound way. This is an 'on your feet' class, so come prepared with a song you know by heart that you're willing to dig into. (WIldflower Pavilion)
- 9) Please Release Me Musicians releasing new music today are faced with a bewildering array of options, challenges, choices and chores: Album vs EP vs singles? Videos? Which one of the 20+ distributors to use? On which streaming service(s) should you focus? On which social media platform(s) should you promote your new release? Radio Is anybody listening? DIY vs hiring someone? And that's just the tip of the iceberg! Ugh!!! In this workshop, Jenn Cleary and "Chicago" Mike Beck will walk you through step-by-step current best practices for sharing your new music with the world. In this class, you will learn how to prepare for your next release and how to create a marketing plan to optimize your opportunities. Among the topics to be discussed are: Defining goals, planning and scheduling, distribution, budgeting, hiring help, your public image and branding, graphics, websites, building email lists, social media, creating promotional content, advertising, reviews, articles, awards, radio airplay, streaming, merchandise and more. (Bear Tent)

10) The Music of Poetry - This session with Pat Pattison will look at poetry through the lens of musical composition, revealing fundamental compositional links between the two art forms. We will look at poetic counterpointing and syncopation, demonstrating the uses of tension/resolution and basic harmonic functions in poetry. (Blue Heron Tent)

**11) Mentoring Sessions** – See sign-ups in Blue Heron Tent

#### 3:15 - 4:30 Electives

- Directed Writing Songsharing (Part 2) with Paul Reisler continued In this final session, participants will perform and record material gleaned from the morning songwriting sessions. (Mountain Lion Tent)
- 2) Takin' Care of Business: Setting Up For Success in the Music Business – Question: Do you know the secret of how to end up with a million dollars in the music industry? Start with 2 million dollars! Unless we already have a couple million in the bank, independent artists and songwriters need to make sure we are on top of the business aspects of our recording, songwriting and performing activities. This workshop-hosted by two touring songwriters and recording artists, attorney Mark Monroe Gibson and Access Film Music's "Chicago" Mike Beck-will take participants through a check-list and review of critical business infrastructure for every performance / recording / songwriting career, including the setup, structure and form of your business, an inventory of intellectual property assets (copyrights and trademarks), and possible regulatory requirements. It will also include a discussion of important considerations for various common music industry contracts, music publishing matters, licensing music to film / tv / video games / advertising, trademarks, how to get your royalties from performance rights organizations (PROs) like ASCAP, BMI, SoundExchange, and more. Presented by Mark Monroe Gibson and "Chicago" Mike Beck (Bear Tent)
- 3) Fingerpicking Better! (Part 2) This two-part course with Justin Roth will continue where we left off in "Fingerpicking Good" for those who are ready for more, or for other intermediate/advanced players who have the basics of fingerpicking covered already. Feel free to attend both or just one of these workshops depending upon your comfort and experience level. In this course we will also learn how to incorporate other right hand techniques including hammer-ons, pull-offs, muting and percussive techniques into different fingerpicking patterns, as well as using them in chord progressions. Handouts provided. (Coyote Tent)
- **4)** Wrap Up and Exploring the Possible Bring us your question–about the Music Business, Living a Creative Life, or anything you learned this week and are wondering about. This is a chance to process and collaborate. There are no dumb questions. With Amy Speace, Steve Seskin and Mary Gauthier. (Lizard Tent)

5) Fill Your Cup: Toning Workshop – This workshop with Rebecca Folsom will have a leaning towards vocal toning, releasing and relaxation. The voice is the barometer of the soul, and the instrument is you. Training your whole being to be awake, at ease, and working in synchronicity you gain access to your own authentic, balanced, and passionate voice. We will practice a unique blend of traditional and nontraditional vocal technique, martial arts, yogic posture, and Toltec and Taoist exercises. Together we will embody agile, grounded vocal resonance, and culminate toning and harmonizing together. (Trout Tent)

- Writing A Cappella How Starting Songs with Voice Alone Creates Stronger Melodies and Lyrics. Melody Walker will lead the group in exercises to unlock this songwriting superpower, and prove that one need not even play an instrument outside their own body to write great songs. Bring yourself and your voice. (Spider Tent)
- 7) Break Out of Your Rhythmic Ruts Transform Your Strumming Building on the basic principles of the Guaranteed Groove class, this workshop will explore practical ways to change up your strumming patterns. We'll analyze your current patterns, offer a variety of new ones, introduce tools for creating your own, and demonstrate the power of repetition to create new muscle memories in your strumming hand. If you don't currently use a pick to strum your guitar, we'll cover why you should and how to start. We'll also talk about how to separate the rhythm of your strumming hand from the rhythm you're singing. Do you feel like a lot of your songs use similar grooves? Are you looking for new rhythmic ideas to jumpstart your songwriting? This class is for you! Presented by JJ Jones. Can be taken as a stand-alone class with or without Guaranteed Groove. Being familiar with how to use a metronome and count beat subdivisions will be helpful! (Wildflower Pavilion)
- 8) Touring 101: Stories from the Road This session will feature Stephen Kellogg, his manager Jessica K. Martin and his tour manager Jason "Shady" Katz. Together they have amassed more than 75 years of music industry experience. Topics of discussion will include show deals, sit-ins, touring etiquette, travel tips, how to book and promote a show, and more. All relayed through their own "war stories." Great for anyone who wants to perform live, from the hobbyists to the professionals and everyone in between. (Blue Heron Tent)
- 9) Mentoring Sessions See sign-ups in Blue Heron Tent

## 4:45 - 5:15 Song School Closing

Our final session brings us all back together for a final community sing in the Wildflower Pavilion. Yay for us!

## 6:00 - 7:30 Song School BBQ and Mercantile

The BBQs are open to all Song School participants and their registered guests only. Head Chef: Markus Chesla. **Please reuse and compost everything!** (Backstage)

 Instructors and students will have books, CDs and things for sale backstage during the BBQ.

## 7:30 Open Stage

Confirm your day and time posted in Blue Heron Tent. (Wildflower Pavilion)

"You can't use up creativity.

The more you use, the more you have."

– Maya Angelou

"Creativity is God's gift to us.
Using our creativity is our gift back to God."

– Julia Cameron

"In the midst of chaos, there is also opportunity." - Sun Tzu

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## Other things you need to know about...

The Song School Instructor Bios: Bios can be found at: TheSongSchool.com/bios

<u>Songwriting Sessions</u>: These daily sessions are designed to give you a variety of approaches to the songwriting craft plus additional elective topics. Some instructors repeat their lesson plan while others will focus on specific topics each day as noted in the schedule. We encourage students to self-monitor class sizes and keep in mind that if a class you want to take is large one day, it's very likely to be smaller the next.

<u>Electives</u>: Your journey through The Song School schedule is entirely up to you! Each day, a plethora of elective classes are offered. Please note that some electives are only offered once, and a few are offered multiple times during the week. A couple electives, Directed Writing and Advanced Harmony, require that you be in attendance for the initial session in order to participate later in the week, and this is noted in the schedule. Refer to your **class listing** for a quick overview and to the course descriptions for specific details. No advance sign-up needed! Just a little courage to find your own path.

Mentoring Sessions: These sessions are offered as a way for participants to receive more personalized attention and help with specific questions. They can take the form of one-on-one or small group consultations depending on the desires of the instructor. Each day, sign ups and meeting locations for that day's participating instructors will be posted in the Blue Heron Tent at 9am (registration area). Check back for late additions. Most sessions will meet under 10 x 10 tents near the silo and riverfront. Because of the limited amount of mentoring sessions, you may sign up for only one session during the week unless space is available at the last minute.

**Open Stage:** The evening open stages are offered as an opportunity to perform an original song for peers in the Wildflower Pavilion. Due to our amplified sound curfews, we have a limited number of spots available. Students who wish to perform must enter by 9:15am in the Blue Heron Tent (registration tent) on Monday to participate. A random drawing will be made (from the names of those who have entered their name to participate) until all available performance slots are filled. The final list for all four nights will be posted Monday during the lunch break in the Blue Heron Tent.

**Message Board:** The message board is located in the Blue Heron Tent (registration tent). If you have messages for other participants, need festival or camping passes or have tickets to sell, this is the place to post your message for others to see.

**Evaluation Forms:** Evaluation forms are in the back of your booklet. Please take some time to fill them out and hand in on Thursday during the BBQ or open stage to help us improve The Song School. Thanks in advance for your input! You can also mail in your evaluation at a later date using the address on the form.

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**Wi-Fi Hot Spots:** We have wi-fi coverage available near the Wildflower Pavilion and in much of the front campground. Wifi password will be posted on the message board.

<u>Guests:</u> We ask that your guests please do not disturb classes and not hang out in classroom areas while classes are in session. Wi-fi is available in the front campground and there is also free wi-fi access at the Stone Cup Coffee Shop a short walk away in Lyons.

Instructor materials and recordings available during the Thursday BBQ: Many instructors will have books and recorded products available to purchase during the Song School. You may find the instructor during the week or wait until Thursday evening during the BBQ where instructor materials will be for sale. Students may also sell their CDs during the BBQ as space allows.

<u>Composting Recycling and Biobags</u>: Planet Bluegrass has continued to minimize the landfill waste the schools and festivals produce. Help us by using our color-coded waste stations in the campground and classroom areas. We will not be composting in the campgrounds. Please dispose of your compost in the Song School grounds or large dumpster on the road behind the bathhouse. *Remember, all food, beer and water cups and plates used at the Song School BBQ's are compostable or recyclable.* Thanks in advance for your help.

<u>Onsite Food Options</u>: We are pleased to once again have a food vendor, Bloomberries, on the grounds during the Song School for breakfast and lunch every day and **dinners on Tuesday and Wednesday**. Full menu available at booth.